

We would like to wish you a warm Old Post House welcome

Breakfast menu available Monday - Friday 10am - 11.45am

Main Bistro menus available Monday - Friday 12 pm - 3pm

Afternoon tea available Monday - Friday & Sunday via pre-order please ask for details.

Starters/Light Bites

Chefs Soup Of The Day£4.95

Served with homemade focaccia

Arancini Balls (V).....£6.25

Served with tomato sauce & watercress salad

Homemade Ham Hock terrine.....£6.50

Served with piccalilli & toasted bread

Prawn & Crayfish Cocktail..... £6.50

Marie rose, iceberg lettuce & homemade focaccia

****Add any starter to a main course option
for only £4***

Platters

Ideal for two to share!!

Fish Platter£18.00

Hake goujons, homemade fishcake, prawn & crayfish cocktail, iceberg, smoked salmon, tartare sauce & homemade focaccia.

***OPH Ploughman's Platter£17.00**

Honey roast ham, Welsh cheddar, scotch egg, coleslaw, OPH chutney, salad, pickled onion & homemade focaccia

Vegetarian Platter (v).....£17.00

Homemade quiche of the day, arancini, OPH Greek styled salad including feta, cucumber, tomato, olives, sun blushed tomato, with spicy mayonnaise & homemade focaccia.

**Gluten free or gluten free option available*

OPH Classics

Our classics dishes are some of our favourite lunch options, for hearty appetites we suggest adding a side!

***Welsh Lamb Cawl£10.00**

Served with crusty focaccia & Welsh cheddar

Homemade Scotch Egg £5.00

Served with OPH chutney & dressed salad

OPH Fishcakes£6.85

Served with chilli jam, red onion & rocket salad

Quiche Of The Day.....£6.75

Served with OPH salad & coleslaw (v)

Hake Goujons£8.50

Served with rustic chips, crushed minted peas, tartare sauce & charred lemon wedge

***Honey Roasted Ham£7.50**

Served with a brace of eggs & rustic chips (gf)

OPH Potato Rosti£8.25

Served with smoked salmon, poached egg & black pudding

OPH Cheddar & Red Onion Sausage Roll ...£4.80

Served with homemade brown sauce & salad

Open Cajun Chicken breast "burger".....£10.00

Toasted Focaccia topped with Chargrilled Cajun spiced chicken breast, tomato & spicy mayo served with beer battered onion rings & coleslaw.

Wild Mushroom Nut Roast,£8.75

Served with rocket, focaccia & tomato & basil sauce (Vg)

Some of our fish dishes may contain small bones. Please be aware our kitchens are not nut free, or allergen free environments. Please do let us know if you have any specific allergies or intolerances before ordering. Full allergen information is available on request.

Ciabattas

Freshly baked Ciabatta with your choice of filling, served with side salad & homemade root vegetable crisps

***Rare Roast Beef£6.75**

With horseradish cream & wild rocket

***Honey Roasted Ham£6.75**

With wholegrain mustard & tomato

Fish goujons£6.95

With tartare sauce

***Brie & grape£5.75**

With caramelised onion chutney

Salads

Old Post House signature salad topped with:

***Chargrilled plain or Cajun spiced Salmon fillet**

.....£8.50

***Chargrilled plain or Cajun spiced Chicken**

breast£8.50

***Smoked Salmon.....£8.50**

***Prawn & Crayfish.....£8.50**

***Roasted Vegetables & Goats Cheese**

.....£8.95

***Roasted Vegetable (Vg).....£8.00**

For the little ones

Ham, egg & rustic chips (gf)£4.00

Hake goujons, peas & rustic chips.....£4.00

Glamorgan sausage, chips & peas (V).....£4.00

Children's ice cream£1.75

Side orders

Add a little something extra...

Basket of rustic chips..... £2.50

OPH salad bowl.....£2.45

Toasted garlic ciabatta£2.00

Beer battered onion rings.....£2.50

Focaccia with balsamic & olive oil.....£2.00

Something sweet

Chocolate Brownie served with ice cream & chocolate sauce.....£4.95

Chefs Cheesecake served with berry compote.....£4.95

Chefs Dessert of the day£4.95

Fruit Scone served with clotted cream & strawberry jam.....£3.75

Welsh cake served warm.....£1.00

Bara Brith served with butter.....£1.50

Selection of Mario's ice cream; ask server for today's flavours.....£4.95

Old Post House Afternoon Tea£16.50

Our very popular afternoon tea comes with a selection of fingers sandwiches, savouries & homemade cakes, scones with cream & jam served with bottomless tea or coffee. (Pre-order only ask your server for details)

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