



2 Courses Lunch @ £18.95pp / 3 Courses Lunch @ £21.95pp

Starters

Old Post House Fishcake	£6.25	
Served with chilli jam, sun blushed tomato & baby leaf salad		
Cream of Vegetable Soup (V)	£5.95	
Served with rustic bread roll		
Chicken & Sage Ballonttines	£5.95	
Served with roasted cherry tomatoes, red onion & rocket		
Bruschetta (V)	£5.95	
Served with Tomato, basil & balsamic glaze		
Old Post House Prawn & Crayfish Cocktail	£6.50	Supplement £1.00
Served with Marie rose, paprika, crisp salad & rustic bread		

Mains

NEW –OPH sharing platter of Welsh Lamb, Welsh Roast Beef & Slow Roasted Welsh Pork Belly		
£28.95 per platter <i>*not included in the 2 or 3 courses pricing</i>		
Served with all the trimmings, Yorkshire Puddings, Sauces, Crackling		
Welsh Roast Lamb	£13.95	
Served with mint jelly		
Welsh Roast Topside of Beef	£13.95	
Served with horseradish & Yorkshire pudding		
12 hr Slow Roasted Welsh Pork Belly	£14.95	Supplement £1.50
Served with crackling & apple sauce		
Baked Pollock with Cheddar Herb Crust	£13.25	
Served with caper butter, spinach & sautéed new potatoes		
Mushroom & Aubergine Lasagne	£13.00	
Served with garlic ciabatta & OPH salad		
Accompanied with roasted potatoes, honey roasted parsnip & carrot, green beans, buttered kale & cauliflower with cheese sauce		

Desserts

Chocolate Brownie	£6.25	
Served with chocolate sauce & vanilla ice cream		
Sticky Toffee Pudding	£6.25	
Served with salted caramel ice cream & toffee sauce		
Poached Pear & Frangipane Tart	£5.95	
Served with red wine syrup & cream		
Coffee Brulee	£5.95	
Served with pistachio shortbread		
Vanilla, Strawberry, Rum & Raisin, Salted Caramel or Chocolate ice cream	£4.95	
Served with shortbread biscuit		
Individual Cheeseboard	£6.50	
Welsh brie, Welsh cheddar, Carmarthenshire blue, Smoked Applewood	Supplement £1.50	
Served with chutney, grapes & biscuits		

CHILDRENS

Child roast lamb or beef (includes ice cream – strawberry or vanilla)	£7.95
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*Food allergies & intolerances – If you suffer from an allergy or food intolerance please let us know before ordering, so we can advise you. Please note that our kitchens are not a nut free or allergen free environment.

****Supplements only apply when having the 2 or 3 Course options.**

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