



**2 Courses Lunch @ £18.95pp / 3 Courses Lunch @ £21.95pp**

**Starters**

Old Post House Fishcake	£6.25	
Served with chilli jam, sun blushed tomato & baby leaf salad		
Roasted red pepper Soup (V)	£5.95	
topped with herb crème fraiche & served with rustic bread roll		
Arancini balls	£6.25	
Served with tomato sauce & rocket		
Ham Hock Terrine	£5.95	
Served with toasted brioche, Piccalilli & Watercress		
Old Post House Prawn & Crayfish Cocktail	£6.50	<b>Supplement £1.00</b>
Served with Marie rose, paprika, crisp salad & rustic bread		

**Mains**

OPH sharing platter of Welsh Lamb, Welsh Roast Beef & Welsh Belly Pork	£32.95	per platter
<i>*not included in the 2 or 3 courses pricing</i>		
Served with all the trimmings, Yorkshire Puddings, Sauces, Crackling		
Welsh Roast Lamb	£13.95	
Served with mint jelly		
Welsh Roast Topside of Beef	£13.95	
Served with horseradish & Yorkshire pudding		
12 hour slow roasted Welsh Pork Belly	£14.95	
Served with crackling & apple sauce		
Pan fried Cod Fillet	£13.95	
Served with tomato, chilli & Chorizo sauce, wilted spinach & Sautéed new potatoes		
Portobello Mushroom Melt (V)	£13.00	
Served with red onion chutney & topped with welsh goats cheese		
Accompanied with roasted potatoes, honey roasted parsnip & carrot, buttered kale, broccoli & Leeks with cheese sauce		

**Desserts**

Chocolate Brownie	£6.25	
Served with chocolate sauce & vanilla ice cream		
Citrus tart	£6.25	
Served with fresh berries, berry coulis & cream		
Vanilla Crème brulee	£5.95	
Served with Shortbread biscuit & berries		
Classic sherry trifle	£5.95	
Served with fresh strawberries		
Vanilla, Strawberry, Rum & Raisin, Salted Caramel or Chocolate ice cream	£4.95	
Served with shortbread biscuit		
Individual Cheeseboard	£6.50	
Welsh brie, Welsh cheddar, Carmarthenshire blue, Smoked Applewood	<b>Supplement £1.50</b>	
Served with chutney, grapes & biscuits		

**CHILDRENS**

Child roast lamb or beef (includes ice cream – strawberry or vanilla)	£7.95
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\*Food allergies & intolerances – If you suffer from an allergy or food intolerance please let us know before ordering, so we can advise you. Please note that our kitchens are not a nut free or allergen free environment.

**\*\*Supplements only apply when having the 2 or 3 Course options.**

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