



2 Courses Lunch @ £18.95pp / 3 Courses Lunch @ £21.95pp

Starters

Old Post House Fishcake	£6.25	
Served with chilli jam, sun blushed tomato & baby leaf salad		
Cream of Leek & Potato Soup (V)	£5.95	
Served with rustic bread roll		
Mushroom Ravioli	£6.25	
Served with garlic & parsley sauce		
Deep Fried Brie (V)	£5.95	
Served with cranberry sauce, rocket & cherry tomatoes		
Old Post House Prawn & Crayfish Cocktail	£6.50	Supplement £1.00
Served with Marie rose, paprika, crisp salad & rustic bread		

Mains

OPH sharing platter of Welsh Lamb, Welsh Roast Beef & Welsh Pork Belly		£28.95 per platter
<i>*not included in the 2 or 3 courses pricing</i>		
Served with all the trimmings, Yorkshire Puddings, Sauces, Crackling		
Welsh Roast Lamb	£13.95	
Served with mint jelly		
Welsh Roast Topside of Beef	£13.95	
Served with horseradish & Yorkshire pudding		
Welsh Pork Belly	£13.95	
Served with crackling & apple sauce		
Garlic Butter Poached Pollock	£13.25	
Served with roasted cherry tomatoes & celeriac & potato puree		
Brie & Roasted Red pepper Puff Pastry Parcel	£13.00	
Served with pea puree tomato & basil sauce		
Accompanied with roasted potatoes, honey roasted parsnip & carrot, buttered kale, sautéed leeks & cauliflower with cheese sauce		

Desserts

Chocolate Brownie	£6.25	
Served with chocolate sauce & vanilla ice cream		
Passion Fruit Cheesecake	£6.25	
Served with fresh orange & orange sorbet		
Rhubarb & Apple Flapjack Crumble	£5.95	
Served with Chantilly cream		
Vanilla Panacotta & Strawberry Jelly	£5.95	
Served with brandy snap & meringue		
Vanilla, Strawberry, Rum & Raisin, Salted Caramel or Chocolate ice cream	£4.95	
Served with shortbread biscuit		
Individual Cheeseboard	£6.50	
Welsh brie, Welsh cheddar, Carmarthenshire blue, Smoked Applewood		Supplement £1.50
Served with chutney, grapes & biscuits		

CHILDRENS

Child roast lamb or beef (includes ice cream – strawberry or vanilla)	£7.95
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*Food allergies & intolerances – If you suffer from an allergy or food intolerance please let us know before ordering, so we can advise you. Please note that our kitchens are not a nut free or allergen free environment.

****Supplements only apply when having the 2 or 3 Course options.**

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